Lord, Protect Me From the Pandemic
Prayer by Dr. Barbara Williams-Skinner

Almighty and awesome God, Creator of heaven and earth, thank You for Your unchanging love, your mighty acts of power and your healing virtue. Today, O God, with millions of your children afflicted and thousands dying from the invisible but devastating plague – COVID-19 - I pray your healing power over my body, that I not be afflicted by this virus.

Thank you, God for your promise that Jesus, Himself, bore my sins in his own body on the tree that I might die to sin and live to righteousness so that by his wounds, I have been healed.

By faith I claim your promise that I will prosper and be in good health even as my soul prospers. In the midst of all my distractions, anxieties, and stress about the impact of the pandemic on my life, my health, financial and the lives of those I love, help me to stop and recall words of the Psalmist, “let all that I am praise the Lord with my whole heart, I will praise his holy name. Let that I am praise the Lord.”

Move me, O God, to turn off the continual daily stream of 24/7 bad news, leadership scandals, and political power-plays, that I might remember all the good things you do for me. And, help me God, to stop from my daily striving, quiet my heart, mind and spirit long enough, to thank you for forgiving all my sins, healing all my diseases, redeeming me from death, and crowing me with love and tender mercies. Amen!

Scripture References: 1 Peter 2.24; 3 John 2, Psalm 103.1-3 (New Living Translation)
Prayer for Healing, Help, and Hope, During the Coronavirus Pandemic
Dr. Barbara Williams-Skinner I March 27, 2020

0 Lord our God, whose ways are perfect; whose love is unconditional, and whose supply of everything needed for healing, help, and hope never, ever runs dry, we, bow our hearts, minds, bodies and spirit before you. In this new age of the deadly coronavirus pandemic that has brought America and much of the world to a literal halt, help us to look to the hills from which comes our help, knowing that our help comes from you the Maker of heaven and earth.

With much of our nation now in quarantine help us to not let the physical distancing required to protect our health become human disconnection. Though we are required to be apart, help us to discover new ways, even virtual ways, to be together as a human community.

We praise you today 0 Lord for our wonderful leader, Dr. Cole and Director, Janis Mathis the Sister to Sister bond of National Council of Negro Women that binds us all. Let not fear, 0 Lord, not become our new way of life, for your word teaches that perfect love casts out fear.

Let not self-care not blind us from the need to care for the sickest and most vulnerable among us-the elderly especially those in nursing homes, the poor, those in already crowded prisons, in the true spirit of the Matthew 25. Let not ugly words, dear God, blame this virus on China instigate more racist attacks that have broken out against Asian people.

God of all Comfort, we implore you to comfort the hundreds who mourn the loss of loved ones to COVID-19, and provide real help for the millions displaced by an historic closure of nearly all businesses; Because Proverbs 21:1 reminds us that "the hearts of ruler is in the hand of the Lord," we call on you God to rule and reign in the hearts of congressional and executive branch leaders deliberating on measures to put money in the hands of Americans made more desperate by an enemy that would overwhelm the worlds vastest armies.

We pray to you, 0 Lord, the Great Physician, for health care workers frantically pleading for essential medical supplies while their own lives are at risk. We pray for families mourning those lost thru the virus; and those make desperate by the pandemic. We pray to You, 0 God, who promised to supply every need, for tests to be rapidly produced so those afflicted may be tested and provided care.

We pray to you, 0 Lord, Giver of every good great gifts, for the gift of governors and mayors stepping up and providing strong leadership and creative solutions to the health, wellness, and safety of those they lead.