Lead, Empower, and Advocate for Women of African Descent, their Families and Communities

SISTERS

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From NCNW’s founding by Dr. Mary McLeod Bethune in New York City on December 5, 1935, our organization has had a seat at the table when social justice has been on the agenda. If there is no chair with NCNW’s name on it, NCNW members have followed this good counsel of Congresswoman Shirley Chisholm: “If they don’t give you a seat at the table, bring a folding chair.”

When I assumed the roles of Chair of The Board and 7th President of the National Council of Negro Women in keeping with our organization’s tradition of social activism, I issued two calls to our membership. The first call was to become even more active in the struggle for civil rights and women’s rights. The second call was for NCNW to become more intergenerational. And clearly, the young women of NCNW should be fully welcomed to bring their commitment to activism into the daily work of our organization.

It is in keeping with that call to action that on separate occasions – I in August, 2021 and our Sister Executive Director Janice Mathis in November 2021, engaged in direct action in support of voting rights that led to our being arrested.

The words that are most often used to describe the professional work that I have done and continue to do are professor, college president, museum director and diversity and inclusion consultant. However, I do not see a contradiction in doing any of that work and being a social justice activist. And all of the voluntary work that I have done and continue to do is in some way connected to the ongoing struggle of our people, and indeed all people, for a more just and equitable world.

I trace my activism back to my maternal ancestors, and to my maternal great-grandfather, Abraham Lincoln Lewis. And I remain profoundly proud that my great-grandfather, who preferred to be called A.L. Lewis, and Dr. Mary McLeod Bethune were business partners, strong supporters of educational institutions for African Americans, and a “Race woman” and a “Race man” in support of African American people and their organizations. They were also close friends.

Born ten years apart, A. L. Lewis in 1865, and Mary McLeod Bethune in 1875, they were both children of parents who had been enslaved. While A.L. Lewis was only able to acquire an elementary education, Mary McLeod Bethune graduated from the Scotia Seminary and attended Dwight Moody’s Institute for Home and Foreign Missions. However, they both believed that Black children had the right to a formal education, and that was the belief that led Mary McLeod Bethune to establish a private school for girls in Daytona Beach Florida that merged with a private Institute for boys in Jacksonville, Florida that became Bethune Cookman College. A.L. Lewis supported Mary McLeod Bethune and other educators of that era who pioneered in building educational institutions for Black students.

Drs. Bethune and Lewis valued the role of education in explaining the plight of Black people in the U.S., and in presenting the history and herstory of how Black people had and continued to engage in social justice activism that pushes back against efforts to deny their humanity and their civil and women’s rights.

Dr. A.L. Lewis was a strong supporter of Bethune Cookman College and served on the board of trustees of that
institution that was founded by his colleague and friend, Dr. Mary McLeod Bethune. Dr. Bethune served on the board of Edward Waters College, located in Dr. A.L. Lewis’ hometown of Jacksonville, Florida, where he was a major financial supporter and a member of the board of trustees. Dr. Bethune was a co-founder of the United Negro College Fund (UNCF) and Dr. A.L. Lewis was a consistent contributor to UNCF. They both viewed contributing financially to institutions and organizations that support Black people as one way that individuals can contribute to positive change in their communities, their nation, and their world.

Dr. Bethune and Dr. A.L. Lewis spoke about and wrote about the necessity to improve the economic stability of Black people as an important means to their liberation. That is what led my great grandfather and six other Black men to found the Afro-American Life Insurance Company in 1901. Dr. Bethune worked at this insurance company in her early years and went on in her later life to serve on its board. They were both instrumental in founding and participating in a number of Black organizations that advanced the political and economic status of Black Americans. Dr. A.L. Lewis and Dr. Bethune also believed in the kind of direct action that the NAACP espoused, and they were both active members of this organization.

One of many expressions of the close collegial relationship and friendship between Dr. Mary McLeod Bethune and my great-grandfather is that at Dr. A.L. Lewis’ funeral, it was Dr. Bethune who delivered the eulogy. My sister and I were certainly the beneficiaries of their close relationship. Indeed, it was the reason why, when my mother would drive us to Daytona Beach, Florida, if Dr. Bethune was on campus and in her office, we would have the privilege of visiting with her and being strongly influenced by her words and her very presence.

As members of the National Council of Negro Women and the C.L. Franklin Associates, we are the inheritors of the social justice activism of race women like Dr. Mary McLeod Bethune and Dr. Dorothy Irene Height, and race men like Dr. A.L. Lewis and Dr. Charles L. Franklin.

That is why, if lawmakers do not understand why voting matters to us – we must show them. If anyone does not understand why we cannot wait any longer for economic justice, we have a solemn duty to explain it and to work to gain it. And it is because we stand on the shoulders of African American social justice activists that whenever the lives of Black women, men and children are unjustly threatened or harmed, we must continue to demand justice for them. Indeed, in the longstanding tradition of the National Council of Negro Women, we must be social justice activists in the interest of freedom and equality for all.

Onward!
Johnnetta Betsch Cole, Ph.D.
First, please allow me to express deep personal gratitude to Dr. Johnnetta Betsch Cole for her vision and the charge that she gave us the on the day she was installed as NCNW’s 7th President in November, 2018. Thanks to Dr. Cole, NCNW is at the tables where social justice is being debated and we are more intergenerational than we have been in decades. Thanks to the Committee for the Future, led by Ms. Deborah Walls Foster and NCNW Chief Administrative Officer Krystal Ramseur, MPA, NCNW has a clearer data-informed vision of what it means to lead, advocate for and empower women of African descent as we progress toward the end of the first quarter of the 21st Century.

I am grateful for the steadfast support and vast experience of the Program Committee, led by Ms. Paulette Norvel Lewis and Dr. Tamara Wilds Lawson. Our suite of monthly webinars - Emotional Health is Wealth, Millennial Entrepreneurs, Women’s Economic Empowerment, Healing Our Children of Racial Trauma and more, would not be possible without their guidance.

Thanks to the Membership Committee, led by Dr. A. Lois Keith and Ms. Diane Larche, NCNW is a more expansive organization than it was four years ago. We have increased the number of community and campus sections of NCNW from 300 to 330, with more applications for new sections coming in each month. Thanks to the Bethune Height Recognition Program Committee, led by Ms. Johnnie Walker and Ms. Dawna Michelle Fields, NCNW celebrates community heroes and the contributions of Bethune Achievers, Life Members and Legacy Life members.

We are grateful for the Youth and Young Adult Committee for inspiring us to be more thoughtfully intergenerational than ever before. The Human Trafficking Committee, led by Ms. Sandra Gipson, and inspired by the example of the Detroit section, is spreading the message of gender equality and respect for women far and wide.

Thanks to Mrs. Synovia Moss, Ms. Adwoa Osei and Ms. Jade Walker, Good Health WINs has become the largest network of trusted voices speaking out in favor of vaccine confidence as the surest way to end the COVID-19 pandemic in communities of color. Good Health WINs now includes more than 30 organizational partners, including all nine of the National Panhellenic Council member organizations.

The NCNW headquarters staff has grown by 200% over the past couple of years - all of whom are dedicated to applying their talents to the work of NCNW. Ms. Michelle Holder and Mr. David Glenn made sure that we had the wherewithal to participate in a number of events, including the Delta Sigma Theta Convention, the National Black Caucus of State Legislators Convention, the March on Washington and the eight Black Women Leaders and Allies voter protection events. This year’s Affiliates Assembly, led by Dr. Thelma Daley and the Affiliate Circles, was the best ever, according to many. Thanks to Dr. Cole and her amazing rolodex, Ms. Roslyn Hannibal-Booker, the entire philanthropy team and the Uncommon Height Awards Gala (UH21) team, led by Ms. Dawna Michelle Fields, NCNW exceeded the ambitious fundraising goal of two million dollars.

We have a lot to be grateful for and a lot to celebrate. The future is bright, despite challenges to health, to democracy and to economic prosperity. Yet, we are up to the task. With your continuing support, you can expect NCNW to continue to grow in engagement and influence over the coming years. You can expect us to make an even larger contribution to the powerful potential in our youth. You can expect us to do a better job of systematizing execution, streamlining decision making and professionalizing communications.

Continued on page 33
So you are sitting on a park bench, just enjoying the weather. What is the likelihood that the next person who walks by you is of a different race than you? In 2010, the probability of a different race person walking by was 54.9 percent, and it rose to 61.1 percent by 2020. We are more likely to see people who are different than us in the classroom, the doctor’s office or on the sidewalk, and from what we are seeing these days, our nation is not ready for this change.

The 2020 Census data, released a few weeks ago, reinforce what we already knew. The White population, still our nation’s largest, is dwindling, down by 8.6 percent from a decade ago. The ethnic Latino population, which includes people of any race, rose by 23 percent. It is the fastest growing population in the country. The Black population rocks steady at around 13 percent. And the population that identifies itself as “multiracial” has grown by a factor of three.

The increase in the multiracial population, which was 9 million in 2010 and grew to 33.8 million by 2020, reflects two things. First, the rate of racial intermarriage has increased, leading to an increase of mixed-race children. Equally importantly, the number of people who are willing to self-identify as mixed race has increased. People who once hid their mixed race identity, or felt pressured to choose one identity or the other, now feel free to embrace the totality of their identity. The increase in the number of people who choose to identify as multiracial is both a blessing and an illusion. It’s a blessing because the accursed “one drop” rule was an oppressive way of managing racial classification. But the apparently new willingness to embrace multi-racial identity feeds into an irrational fear of Black and Brown ascendancy. Those who fear being “erased” from American culture by an emerging and insistent chorus of multicultural voices is discomfiting to too many Americans. Authorities reveal that the greatest terrorist threat Americans face is from domestic white supremacy extremists.

As Richard Alba writes in his book, The Great Demographic Illusion: Majority, Minority and the Expanding American Mainstream (Princeton University Press 2020), everybody Brown ain’t down. In other words, many who identify as multiracial take on the identity and politics of their white parent, not their Black, Latino or Asian parent. One of the most remarkable aspects of the George Floyd protests was how inclusive they were. Americans of every stripe and people across the globe joined together in a massive shout against injustice. The question we must ask ourselves is what concrete changes in American policy derive from such multicultural activism? Despite the integrated protests, the Congress has not come to terms to address police accountability for excessive use of force. And how long will racially identifiable political views survive among multiracial, multiethnic American majorities? They embrace their multiracial identity, but are not necessarily in tune with the voting rights, gender equity and anti-police brutality issues long associated with progressive politics.

Many of the young people whose multiracialism stems from being partly of African descent do “get” Black issues and speak up for them. Some, though, are conflicted and want to see “both sides”. As the nonwhite population in the US constitutes a larger proportion of the American people, how long will “Black” issues predominate progressive political thought? Will Black activists over time, turn more to issues like environment, foreign policy and sensible gun regulation? And will their fellow Americans pressure politicians to pay attention to voting rights? We have integrated our culture and entertainment – can we integrate our desire for progress, civil rights enforcement and an end to violence and discrimination based on race, ethnicity and sex.

We can expect younger voices to drive our reality. On August 28, Tamika Mallory, a 20-year veteran activist leader, whose organization, Until Freedom, identifies strongly with young Black activists, called for the “Good Trouble” Rally that drew thousands to the Lincoln Memorial on the 58th Anniversary of the March on Washington. In the tradition of Dr. King, who was but 34 years old when he delivered the “I Have A Dream Speech”, Mallory called for accountability on the issues of voting rights and the filibuster. Leaders like Tamika Mallory are powerful, fierce, and surrounded...
by a multiracial team. The future of our nation is that of young, bold, bodacious, multiracial energy. There are too many who look longingly backward. There are too many who would deny the undeniable demographic shifts, too many who are frightened about what comes next and who insist on preserving the status quo.

If multicultural America is to survive as an experiment in Democracy, Black folk and their allies will have to practice and perfect time proven strategies. There are no permanent political friends – only permanent interests. Younger people of every color and tribe may prove to be more insistent in their demands, more organized in their messaging and more insistent upon official accountability. And perhaps what we are seeing is a spectrum of strategy, leadership and progressive thought bridging the racial, ethnic, gender and generational divides that keep a political majority from behaving and being treated like a fractured minority. That spectrum of thought runs the gamut from firebrands like Ms. Mallory, to strategists like Ms. Stacey Abrams, to veterans like Al Sharpton, Jesse Jackson and Marc Morial to the NAACP, NCNW and Dr. Cole, to the reparations fighters – all pursuing paths that converge on the same goal - more equity and justice for Black folk and their multicultural allies.

But those of us who watch the demographics know that numbers don't mean solidarity, and that we will have to work to get the coalitions that we want. And we must also know that no matter how the demographics shift, our nation still owes Black folks. Building those coalitions will be key to getting the agenda items passed that we can and do agree about, across the age, race, ethnicity, geographic, cultural and economic divides. “We have come to the nation’s capital to cash a check”, thundered Martin Luther King, Jr. “And the check has been marked insufficient funds”. The funds are still insufficient, and the debt is no less pressing. Shifting demographics alone won’t cancel the debt.

The benefit of union membership is especially important to Black women. Latinx women gain more than we do, but partly because the occupational distribution of the two groups is different. Latinx women, in particular, are often (but not always) the majority in service groups Black women once dominated. Still, when we put this in the context of the pandemic, both Black and Brown women represent more than 20 percent of certified nursing assistants (CNAs). Those with union protection have better wages and working conditions than those who do not.

Those who care about social and economic justice must champion the critical role that unions play in fighting for fair pay and working conditions. Black and Latinx women are more likely to be trapped by the sticky floor than they are to crash the glass ceiling of advancement to executive ranks.

Imagine that you have a 30 minute lunch period and a 10-minute walk, each way, to the cafeteria. Imagine that you must queue up to use the company microwave, which may take as many as 20 minutes to stand in line and nuke. Your best bet might be to get a cold sandwich from a machine, leaving you with just a few minutes to scarf your lunch down. Those of us who are “professional” middle-class women don’t have those challenges, but too many Black women face them. And as advocates, we must champion the causes of ALL Black women, not just the fortunate few.

A Black woman union member earns, on average, $917 a week, compared to a nonunionized Black woman who earns $742. But that Black woman union member making $917 earns less than a unionized white man ($1243), white woman ($1085), Black man ($1020), Hispanic man ($1076), or Hispanic woman ($955). While it is galling that we are at the bottom on the union member totem pole, it is undeniable that we gain from union membership.

The Amazon loss must energize us to fight much harder for workers’ right to organize. It must energize us to empower Black women workers trapped on the sticky floor. And it must motivate us to continue to fight for social, racial and economic justice.
Even when the road was rough, it didn’t slow them down.

The innovation journey is one with twists, turns, and roadblocks. Still, you haven’t let those challenges deter you from bringing your ideas to life. Your passion has taken your business to new heights while continuing to serve the community. That’s why Toyota proudly salutes Kathryn and Kenneth Chenault as recipients of the Crystal Stair Award.
Dear NCNW Family: The NCNW Board, All Community and Collegiate Presidents, Co-Chairs of the Charles L. Franklin Associates and Headquarters colleagues

I am writing to express my profound gratitude for all that each of you contributed to making our 2021 Affiliates Assembly, Charles L. Franklin program and Uncommon Height Gala so successful. My review of the three days of activities will provide information for NCNW members who were not able to participate in these programs, and a review for those who were a part of the three days of NCNW events.

From NCNW members and individuals who collaborate with us, I continue to hear expressions of appreciation for how this year’s Affiliates Assembly was imagined, organized, and carried out. Under the sterling leadership of Dr. Thelma T. Daley, NCNW Vice President and Chair of the Affiliates, with ongoing input from The Affiliates Advisory Committee, and support of our colleagues on the headquarters staff we had the largest participation of Affiliates presidents of any previous assembly.

FRIDAY, NOVEMBER 5, 2021

With input from 32 Affiliate presidents, Dr. Thelma T. Daley, NCNW Vice President and Chair of the Affiliates, and the Affiliates Advisory Committee members set this theme for the 2021 Assembly: “Affiliates Connecting and Empowering for Greater Heights.” This group of leaders also made the decision to draw on the life and legacy of NCNW’s legendary founder, Dr. Mary McLeod Bethune, for inspiration for the work that would be done on the first day of the Assembly. On the second day of the Assembly, the life and legacy of our iconic leader, Dr. Dorothy Irene Height guided our discussions and decisions.

The Affiliates Advisory Committee worked closely with Dr. Daley to plan the Assembly, and to lead the discussions that took place over the course of two days.

The members of the Affiliates Advisory Committee are: Ms. Sherelle T. Carper, National Association of Negro Business and Professional Women’s Clubs; Dr. Martha Dawson, National Black Nurses Association, Inc.; Ms. Catherine D. Lewis, The Charmettes, Inc.; Ms. Letisa Vereen, National Association of University Women and Ms. Dorothy M. White, Iota Phi Lambda Sorority, Inc.

Dr. Daley opened the first day of the Affiliates Assembly by calling for an invocation that was offered by Dr. Deborah Taylor King, President of the Women’s Missionary Society of the A.M.E. Church. I had the honor of being next on the program to give greetings. I centered my remarks on Dr. Mary McLeod Bethune, lifting up some of the roles that she brilliantly played that are not especially well known. I mentioned how proud we are that Dr. Bethune will be the first person to have a state commissioned statue in the United States Capitol’s Statutory Hall when her statue replaces that of a Confederate General. I brought closure on my remarks sharing three of the many inspiring messages that Dr. Bethune left us. “Faith is the first factor in a life devoted to service, without it, nothing is possible, with it nothing is impossible.” These are words that Dr. Bethune once said about us womenfolk: “Next to God we are indebted to women, first for life itself and then for making it worth living.” And I said that in these challenging times that we are in, let us continue to draw inspiration and courage to press on from these words of our founder, Dr. Mary McLeod Bethune: “If we have the courage and tenacity of our forbearers, who stood like a rock against the lash of slavery, we shall find a way to do for our day what they did for theirs.”

Dr. Daley gave an overview of the what would take place on this first day of the Affiliates Assembly, and then she introduced Ms. Willease Williams, the NCNW’s South Carolina State Sister President who spoke about Dr. Bethune’s connections to the state of South Carolina and the work that our South Carolina mechanism has done and continues to do to honor our founder. We were then taken on a virtual tour of the Mary McLeod Bethune Birthplace and nine acre Park that is maintained by The National Council of Negro Women, Inc., Lee County Section in Mayesville, SC as a memorial and the birthplace of Dr. Bethune.

Each of the Advisory Committee members served as the leader of one of the five “Circles” of Affiliate presidents. The presidents in each Circle made a presentation on one or more of their organization’s best practices. These presentations were highly informative and described practices that other organizations might wish to implement.

Between the presentations by Circles A, B, and C and the presentations by Circles D and E, there were two talks that were that addressed what Dr. Daley has called “Administrative Tidbits.” Dr. Richard Yep, the Chief Executive Officer of the American Counseling Association spoke about leadership and offered a host of helpful “tidbits” that included how leaders might avoid burnout to knowing when it is time to move on from the leadership of an organization.

Attorney Artis G. Hampshire-Cowan, the Principal of Leveraged Leadership Group, LLC, offered very helpful remarks about how effective non-profit governance must include having an effective leader and an effective board. While effective leadership is something that I have read a great deal about and that I continue to try to practice, I learned a great deal from the presentations by Dr. Yep and Attorney Hampshire-Cowan.

Dr. Daley and the members of the Affiliates Advisory Committee offered closing remarks and gave a charge to the leaders of NCNW Affiliate organizations. It is my view that we had a day of excellent presentations and useful exchanges of ideas in a
format that was designed to make sure that we heard from all of the leaders of the 32 Affiliate organizations. Indeed, a spirit of sisterhood and inclusivity prevailed throughout the first day of the Affiliates Assembly.

**SATURDAY, NOVEMBER 6, 2021**

Dr. Daley opened the second day of the Affiliates Assembly by calling on NCNW board member Dr. Lois Keith to offer an invocation. In my greetings to leaders of the Affiliate Assembly, I focused my remarks on the life and work of NCNW’s iconic leader, Dr. Dorothy Irene Height as an example par excellence of what I consider to be three necessary attributes of a great leader. A great leader sets goals and figures out how to meet them. But if a door is slammed in her face, she figures out where there is another door that can be opened. A second attribute of a great leader is that she or he cares about what gets done, not who gets credit for getting it done. And a third attribute of a great leader is that she lifts others as she climbs.

A highlight of this year’s Affiliates Assembly was a program on “The Pearls and Wisdom of Dr. Dorothy Irene Height.” The program was moderated by Dr. Pamela R. Johnson, President of the Women’s National Democratic Club - Educational Foundation. The respondents were The Honorable Alexis M. Herman, former Secretary of Labor and member of the NCNW Executive Committee, Ms. Anna Eleanor Fierst, the Great Granddaughter of First Lady Eleanor Roosevelt and President Franklin Delano Roosevelt, Dr. Thelma T. Daley, Vice President of NCNW and Chair of the Affiliates; and Skye-Ali Johnson, a senior at Richard Wright Public Charter High School for Media and Journalism.

Following several clips of a video in which Dr. Height was speaking at a meeting of the Women’s National Democratic Club, Dr. Johnson posed questions to which Secretary Herman, Ms. Fierst, and Dr. Daley responded. A very moving closing statement was made by Skye-Ali Johnson.

The outstanding program on The Pearls and Wisdom of Dr. Dorothy Irene Height was followed by yet another outstanding program as a panel of leaders discussed “The Power of Leaders.” On the panel were Honorable Constance Newman, Former Assistant Secretary of State for African Affairs and a member of the NCNW Executive Committee; Dr. Alotta Taylor, a government senior executive at the National Aeronautics Space Administration (NASA); Dr. Ariana Brazier, Vice President of Products and Storytelling at Daymaker and the Young Adult Vice Chair of NCNW; Dr. Helena Johnson, a NCNW National Vice President and the State President for Southern California; and Ms. Kieanna Childs Alexander, the youngest ever elected President of the Trenton Branch of the NAACP, the current 1st Vice-President of NCNW Mercer Section and member of the NCNW Executive Committee.

Information on two National NCNW Programs was presented to the Affiliates Assembly. Ms. Deborah Walls Faster, a member of the NCNW Executive Committee provided information on the work of the Committee for the Future. Ms. Sharah Denton, who just completed her service as the Georgia State NCNW Sister President, is now one of the Tri-Chairs of The Young Adult 2Litty Committee and the Chair of the NCNW Health Equity Committee. Ms. Denton shared with the Affiliates Assembly the work of this committee.

In the spirit of the work that Dr. Dorothy Irene Height led NCNW to do, the first afternoon session was titled: “Advocacy to Action.” The presenters for this session were two Ms. Melanie Campbell and Ms. Shavon Arline Bradley. Ms. Campbell is the President of the National Coalition on Black Civic Participation and the Convener of the Black Women’s RoundTable. Ms. Arline Bradley is the National Social Action Co-chair for Delta Sigma Theta Sorority, the President of D4, and the Founding Principal of R.E.A.C.H.

This session culminated in Dr. Thelma Daley proposing that NCNW members and affiliates participate in a day of action by calling their senators and urging them to stand up against voter suppression by voting for the bills that are now before them: the Freedom to Vote Act, and the John R. Lewis Voting Rights Advancement Act. The leaders of NCNW Affiliates unanimously voted to engage in this action.

The Keynote address for this year’s Affiliates Assembly was given by Ambassador Susan Rice, United States Director of the Domestic Policy Council; American Diplomat; and Former National Security advisor. Her address centered on the issues facing our nation, including the attacks on American democracy wrapped in newly passed state legislative that amount to voter suppression.

A charge to the leaders of NCNW Affiliates were given by the Affiliates Advisory Committee, Dr. Daley and myself followed by a virtual parade of the 32 Affiliates.

**THE CHARLES L. FRANKLIN ASSOCIATES**

The final program of the day was presented by the C. L. Franklin Associates, the men’s membership wing of the National Council of Negro Women that is named in honor of the late Dr. Charles L. Franklin, an advocate for family health, an activist leader and a strong supporter of the National Council of Negro Women. The C.L. Franklin Associates is co-chaired by Mr. Harry E. Johnson, Sr. and Mr. James D. Staton, Jr.

This afternoon program, facilitated by James Staton, focused on how men can be active participants in “Good Health WINs,” NCNW’s programmatic response to the Corona Virus. Co-chair Staton invited me to make a few remarks, and then he turned
The 17th Uncommon Height Gala that took place on the evening of November 6th. Named in honor of NCNW's iconic leader, Dr. Dorothy Irene Height, this biannual event raises funds to support the work that NCNW carries out in the interest of empowering and advocating for women of African descent, their families, and their communities.

This year, NCNW hosted a virtual Gala around the theme, “Good Trouble Today for a Better Tomorrow.” Ms. Dawna Michelle Fields, a Vice President of NCNW's Executive Committee, and an executive of the Colgate-Palmolive Company, served as the chair of the Gala. Mr. Kenneth Frazier of Merck and Ms. Andrea Frazier served as the honorary co-chairs. The evening’s event was hosted by NCNW Executive Committee member and former Secretary of Labor, The Honorable Alexis M. Herman.

NCNW’s highest award, the Crystal Stair Award, was presented by Kenneth Frazier to his colleagues and friends, Kenneth and Kathryn Chenault. Mr. Chenault received this award in recognition of his role as the former CEO and Chairman of American Express and his staunch support of diversity, equity, accessibility and inclusion in the workplace. Ms. Chenault received this award in recognition of her advocacy for the arts, education and health care institutions.

Ms. Oprah Winfrey presented NCNW’s inaugural Dr. Mary McLeod Bethune award to Ms. Stacey Abrams for her exceptional work as a voting rights advocate. In her acceptance remarks, Ms. Abrams encouraged us to be “fueled by the belief that more is possible if we only choose to dare!”

We are most grateful to 19 of NCNW’s corporate partners, and a number of NCNW’s friends who generously supported The Gala. And we appreciate the support of all of our members and friends who purchased tickets for this grand event. This year’s Gala raised an all-time high of $2,027,000 which brought us to our $2M goal.

To all of the basic questions that one might ask about this year’s Uncommon Height Gala, my response is a resounding “yes.”

Did the evening proceed smoothly, without any technology issues? Yes, thanks to the very professional services of Events to Remember.

Did guests at this virtual Gala remain engaged? Yes, as evidenced by how many of our guests participated in the AfterGlow event and did not want to leave it.

Was important information about NCNW shared at the Gala? Yes! Anyone who did not know much about our organization now knows a good amount about the work that we do.

Were there inspiring moments throughout the evening? Yes! Just one of which was the singing of the Black National Anthem by Historically Black College and University students.

Did the event move along smoothly with a warm and sophisticated feel to it? Yes, as Secretary Herman made sure of that.

Was there good entertainment? Yes, with a performance during the Gala by electric violinist Ken Ford, and the band, Spur of the Moment during the AfterGlow party.

Was the fundraising goal for the event met? Yes! And in the days following the Uncommon Height event the event, we were able to meet our $2 Million goal. For the executive board and staff, I humbly say thank you.

Ken Ford

**Spur of the Moment**
The Dr. Mary McLeod Bethune Statuary Fund, Inc., led by Ms. Nancy Lohman, President held a Statue unveiling in Daytona Beach, Florida. Celebrating one of Florida’s most impactful leaders.

In attendance:
- The Honorable Derrick Henry, Mayor, City of Daytona Beach
- Dr. Hiram Powell, Interim President, Bethune-Cookman University
- Dr. Tom LoBasso, President; Daytona State College
- The Honorable Michael Waltz, US House of Representatives
- The Honorable Kathy Castor, US House of Representatives
- The Honorable Laurel Lee, Secretary of State, Florida Department of State,
- and Master Sculptor - Ms. Nilda Comas

HOW IT BEGAN... 

259 unique names were submitted to replace the statue of Confederate General Edmund Kirby Smith in Washington, DC. A total of 130 names met the eligibility requirements for consideration, including Dr. Bethune, who was nominated by 1,237 of nearly 3,200 respondents.

The Statutory Fund Committee led by Ms. Nancy Lohman raised more than $800,000 for this project. For Ms. Lohman and the members of the Fund Committee, Dr. Bethune the statue represents more than just honoring her legacy, but carries significant meaning and purpose as the nation continues to struggle with issues of race, class, and gender. This decision to replace the statue of Confederate General Edmund Kirby Smith with one of Dr. Mary McLeod Bethune is a teachable moment as well.

The Committee has created a documentary and school curriculum that will provide students from kindergarten through high school the opportunity to learn about Dr. Mary McLeod Bethune.

The symbolism of Dr. Mary McLeod Bethune in a cap and gown represents the value she placed on education, the cane Franklin Delano Roosevelt presented to her speaks to the commitment to advancing opportunities for African Americans and women, the stack of books each sculpted with a different tenant of her last will and testament in mind speaks to her core values. The black rose symbolizes her belief that “loving thy neighbor” means interracial, inter-religious, and international brotherhood and sisterhood.
I was in awe of the beauty of the marble statue created in her honor by Master Sculptor Nilda Comas. I can’t express the level of pride exuded knowing that I as a member of NCNW Inc. have been charged with carrying on her legacy. When I stared into the eyes of the statue, it felt like she was looking at me and I instantly became inspired.

I thought to myself how impactful Dr. Bethune was in changing perceptions held by Presidents, dignitaries and civil rights advocates of African American women, their families and communities.

If she could steer popular opinion during the suffrage movement and represent the voice of Black communities during a time when we were fighting for basic rights, I need to go about the work with the same tenacity as she displayed.

An additional highlight of the trip was meeting and sharing this moment with Laura Richardson from Broward County, Florida. Laura and I worked together for the past year as she served as the Chairperson for the Financial Literacy Committee under the REACH initiative. Once inside, we were warmly embraced by our NCNW sisters from the Daytona Beach Section. We introduced ourselves and we all marveled at the detail of the beautiful work of art before us.

Lastly, Laura and I then visited Bethune Cookman University where we walked around Dr. Bethune’s home and visited her final resting place. I couldn’t help but stop, stare and utter a quiet thank you for her sacrifice and leadership.
On August 28, 1963, one hundred years after the signing of the Emancipation Proclamation, approximately 250,000 people marched down Constitution and Independence Avenues to the Lincoln Memorial, and into history to hear Dr. Martin Luther King Jr. proclaim the dream of a nation that would no longer practice Jim Crow segregation, deny citizens the right to vote or practice race discrimination in virtually every sector of social, economic and political life in the United States.

Fifty-eight years later (2021), the National Council of Negro Women plus thousands of people in more than 95 cities in the country came together on August 28th to continue the fight for MLK’s dream. NCNW Headquarters staff, volunteers, and local members gathered in Washington D.C to march for voting rights, rally, and recruit new members. They raised their voices to fight voter suppression for the country while demonstrating their mission of leading, empowering, and advocating. Dr. Johnnetta Betsch Cole, NCNW’s National President, used her mighty voice and words as she proudly spoke on NCNW’s behalf. During Dr. Cole’s speech, she strongly expressed that “the right to vote is a sacred right, and those who would dare to deny it to any eligible American voter, commits an attack on our democracy.” Dr. Cole spoke alongside several civil rights activists and organization leaders, such as Martin Luther King, III, Reverend Al. Sharpton, Rep. Sheila Jackson Lee, and Rep. Joyce Beatty.

NCNW collaborators with partners at March On, who organized the march, to launch the movement. Through the use of email marketing, social media, and calls to senators, positive impacts were made and the importance of the march was highlighted. NCNW set up their tent on the grounds of 7th and Madison (within the National Mall), right on the front line of the march. There was NCNW apparel available for marchers and members, as well as water and educational material about the organization. There was also an ongoing raffle, and in order to enter, participants had to complete an information card. The lucky winner was chosen every 30 minutes. The raffle prizes included: $25 (2 winners), $50 (2 winners), and $100 (1 winner) Visa gift cards. NCNW was strongly represented by their members, including the Howard University section.

According to the March On organizers, “the fight for voter suppression will not stop until we win.” Our nation’s leading civil rights organizations successfully gathered tens of thousands of people with the same beliefs; freedom, equality, equal opportunity, democracy, and majority rule. Civil rights leaders and organizers vow not to back down from their demands for federal legislation to protect and expand voting rights and for DC Statehood. Marching on Washington together on the 58th anniversary of Martin Luther King Jr.’s historic March and “I have a Dream Speech” moved us all closer to the ideal of a nation conceived by our mothers and fathers in liberty and dedicated to the proposition that all men and women are created equal. Advocates and allies will continue to fight for Martin Luther King Jr.’s dream until it is our consistent reality.
Giving Tuesday is a movement that unleashes the power of radical generosity around the world. Created in 2012 as a simple idea: a day that encourages people to do good. Every year, on the Tuesday after Thanksgiving, people take the time to kick off the holiday season by giving back to their community and favorite charity. Giving Tuesday reimagines a world built upon shared humanity and generosity.

2021 has been a big year for NCNW. We partnered with nonprofits to lead the way in COVID-19 immunization in underserved communities, joined several nonviolent protests in support of voting rights and preservation of democracy. Our members raised their voices in support of policies that directly affect Black and Brown communities here and abroad, like ending all forms of violence and discrimination against women and girls. NCNW cannot do this without your financial support. We need your help to continue our work.

“I have found that among its other benefits, giving liberates the soul of the giver.” Maya Angelou

We know your primary motivation to donate to NCNW is your belief in the mission to lead, empower, and advocate for women of African descent, but we also think you should know that great tax benefits exist for those who give.

The Internal Revenue Service recently expanded tax benefits that can help both individuals and businesses give before the end of this year. The Taxpayer Certainty and Disaster Tax Relief Act of 2020, enacted December 2020, provides several provisions to help individuals and businesses who give to charity. The new law generally extends through the end of 2021. There are already four temporary tax changes originally enacted by the Coronavirus Aid, Relief, and Economic Security (CARES) Act. Here is a brief outline:

- Deduction for individuals who don’t itemize; cash donations up to $600 qualify
- Increased limit on cash contributions made in 2021 to 100% of adjusted gross income (AGI)
- Corporate limit increased to 25% of taxable income
- Increased limits on amounts deductible by businesses for certain donated food inventory

WAYS TO GIVE TO NCNW

- Easy and convenient, you can give on-line at GIVE
- Become a member of the President’s Circle with a minimum gift of $1,000
- Make your check payable to NCNW. Our mailing address is 633 Pennsylvania Avenue, NW Washington, DC 20004
- Give today, plan a gift for tomorrow and create a legacy with a planned gift. For more information contact Roslyn Hannibal-Booker at rbooker@ncnw.org
- Check with your employer about Workplace Giving and Matching Gifts.
- Make your gift in honor of someone or memorialize the life of a loved one by donating in memory of.

Need more information? Contact Roslyn Hannibal-Booker, Director of Philanthropy, rbooker@ncnw.org

As you consider your year-end giving we hope that you will remember the impact that NCNW continues to have every day and consider donating. All over the world people are giving back. We would be honored if you would consider supporting NCNW on Giving Tuesday and throughout the year.
Fresh off their high-profile 20th Biennial Conference in Orlando Florida, members of the National Coalition of 100 Black Women, Incorporated (NCBW) are energized and motivated to continue their important advocacy work on behalf of Black women and girls in communities they serve across the country.

Despite the challenges the COVID-19 pandemic continues to create, NCBW was able to pull off another successful conference October 6 through October 10, at the Hyatt Regency Orlando. Their first hybrid conference pulled in approximately 380 in-person and 400 virtual participants. The conference theme was NCBW POWER UP! – Excellence LEADs to Change.

The 501(c)(3) tax-exempt organization has over 3,800 members in 62 chapters in the U.S. The members serve in top leadership roles in federal, state, and local government, academia, health care and other areas that are consistent with the organization’s national work in health, education, economic empowerment, leadership development and public policy.

The prestigious 5-day event showcased informative and engaging workshops, motivational speakers, an exciting awards ceremony, high-powered concert with Grammy and American Music Award Nominees After 7 and culminated with a soul stirring worship service that left members Powered Up and Ready to LEAD!

The participants were remarkable people whose stories and paths to leadership were inspirational and prime examples of what it means to Power Up and Lead. They spent the week engaged in building strategies to address unique challenges in the areas of health, education, and economic development. All of the conference honorees and national honorary members have proven track records in working tirelessly towards equity for all and being strong advocates for those whose voices and views are not represented at tables and in rooms where decisions are made.

“Our 20th Biennial Conference was a huge success. We were surrounded by exceptional people. Our discussions were powerfully intentional. This is a critical time for our communities and nation. Racial and gender equality must be addressed. We put the powers that be on notice that we are not going to stand by and let a partisan agenda roll back every health, educational, economic, and political gain we have made in the last 50 years,” said NCBW National President Virginia W. Harris

Leading the discussions were notable speakers, panelists, and award recipients; Congresswoman and U.S. Senate candidate Val Demings (D) Florida, CIA Diversity Outreach and Recruiting Chief Dr. Reginald King, CIA Deputy Assistant Director for Diversity & Inclusion Sonya Holt, GTI Executive Vice President and Head of Research & Development Dr. Kim Whitley, Black Women’s Health Imperative President Linda Goler Blount, Enterprise Holdings Vice President & GM John Wyatt, Senior Vice President of HR at The Coca-Cola Company Valerie Love, WBA Senior Vice President, Global Chief Diversity, Equity and Inclusion Carlos Cubia, The Coca-Cola Company Vice President of Community and Stakeholder Relations Alba Castillo Baylin, Chairman of the 100 Black Men of America, Incorporated Thomas Dortch, National Cares Mentoring Movement Founder Susan Taylor, Apple, Inc. U.S. Education Leadership and Learning Team Dr. Eric Wood, Trust Foundation President Lynette Bell, NCNW President Dr. Johnetta B. Cole, The Links, Inc. National President Dr. Kimberly Jeffries Leonard, PPICW CEO Dr. Felicia Phillips, and Founder, President and CEO – Trumpet Awards Foundation Xernona Clayton.

Virginia W. Harris, who completed her second and final term as the organization’s 9th National President at the conference, has been heralded for her exemplary leadership and fundraising skills, and building great relationships. For the past 30-years, President Harris has held numerous positions at the national and local chapter levels. She leaves an indelible mark as an NCBW leader.
“I want NCBW to continue the momentum that I helped start over the past two years by being a loud voice when it comes to a change in economic empowerment, public policy, racial equity, and health and wellness. The organization’s ongoing pursuit to recruit and train young women between the ages 25 and 30 to be successful and lead will be important. Last, but not least, fundraising and establishing partnerships must be a priority for us to continue our hard work.” Virginia W. Harris.

Speaking of fundraising, the Atlanta, Georgia based organization’s partnerships and sponsorships lists like a who’s who. NCBW has partnered with companies, organizations, and agencies like Apple, Inc., CIA, The Coca Cola Company, 100 Black Men of America, Inc., Black Women’s Health Imperative, Enterprise Holdings, Walgreens, Truist Foundation, Major League Soccer, Wells Fargo, Ferguson, Global Blood Therapeutics, NASDAQ Companies & Contributors, and many others. These partners have made generous contributions to the organization and have mission’s like NCBW.

The National Coalition of 100 Black Women, Incorporated’s leadership says the organization is strong and vibrant even though we are living with multiple pandemics, COVID-19, a pandemic that reveals long standing health disparities, income inequalities, systemic racism and sexism, which all disproportionately affect our communities.

“Despite the COVID-19 pandemic, we were able to adjust and continue with our mission to effectively advocate on behalf of Black women and girls. We were resourceful and ready. We put in the work. We set up national programs, public policy initiatives, and helped chapters present creative activities usual virtual platforms.. Our commitment to our mission, goals, and objectives were unwavering.” Virginia W. Harris.

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ENVISIONING NCNW'S FUTURE

PART TWO

Special Research Report on The State of the Black Woman was commissioned using a consultant team who reviewed secondary and existing research.

Observations were made on the State of The Black Woman from open data sources including: The US Census, US Bureau of Labor Statistics, Centers for Disease Control, National Center for Education Statistics, US Department of Health and Human Services, US Department of Housing and Urban Development, The Corporation for National and Community Service, and World Health Organization. Additional insights were drawn from online sources such as; Nielsen, Gallup, Brookings, APM Research Lab, American Psychology Association, Mental Health America, Georgetown Law, The Sentencing Project, McKinsey & Company, Deloitte, and Pew Research. NCNW is free to externally share and quote insights and charts from open data sources. NCNW will need permission to reproduce information from online publications. Some are available for purchase.

The trend data provided by consultants guided not only the work of the Committee for the Future, but eventually will be made available to NCNW volunteers, staff, leadership, membership, and sections. This valuable information can be used to support decision-making and to determine the implications for NCNW as it relates to fundraising, membership recruitment, programming, and the NCNW social justice agenda.

Examples of trends contained in the report include demographics, age, education, health, social media usage, work, career, giving and volunteering data.

Strengths, Weaknesses, Opportunities, and Threats Analysis

An analysis revealed the following major strengths, weaknesses, opportunities, and threats:

**Strengths:**
- Strong Reputation
- Outstanding Historic and Current Leadership
- Influential Members
- Broad reach, large base, and “boots on the ground” network
- Affiliates’ base

**Weaknesses:**
- Insular view of itself and over-reliance on the past.
- The structure, roles, and hierarchy of the organization are not well understood or communicated.
- Lack of consistency in brand, messaging, and action throughout the organization.
- Limited member profile; viewed as an organization by older professional women.
- Not well known or understood by many Black women and “others.”

**Opportunities:**
- Reach a younger, broader member demographic in a time of increased influence of Black women in politics, entertainment, and business.
- Broaden affiliates’ base, including the potential inclusion of women of other colors, men, and LGBTQ organizations.
- Represent and increase visibility and voice of Black women in the media on important social issues.
- Stronger focus on racial and social justice for the Black community in the U.S. and globally.

**Threats:**
- Historic prominence vs. current relevancy as Black women are increasingly joining other organizations and funders seek greater impact.
- Brand differentiation and awareness.
- Competition for membership as new up-and-coming organizations are being created, taking the lead on major issues of concern for women.
- Financial sustainability - new sources of revenue beyond membership fees.
- Social Media and Technology Capacity and Capability.
- Limited staff capacity to deliver on the mission.

**Strategic Question**
Is NCNW uniquely positioned, poised, prepared, and equipped to impact the state of the Black woman and her world substantially and sustainably? What must be done?

**Vision**
A new vision statement is being developed by the Vision Committee led by Dr. Helena Johnson.

**Value Proposition**
NCNW remains grounded in its original intent – organized and focused as a convener with a seat at the table, leading on major issues and social justice for Black women.

**Strategic Imperatives**
To better meet the future, remain relevant, and grow, NCNW must become:
- Intergenerational
- Outward Focused and Forward Thinking
- Innovative and Embrace Change
- Brand Focused to Deliver Greater Awareness and More Consistent Experience
- A More Open and Inclusive Culture
- Financially Sustainable and Grow
Recommendations Summary – Six R’s

1. **Reputation** (Brand): Enhance and increase utilization of social media and technology.

2. **Role and Relationships (Internal and External):** Leverage role as convener of organizations. Pursue strategic partnerships with affiliates and other organizations to achieve NCNW’s mission. Develop a stronger member relations capacity and function.

3. **Relevance:** Create a shared action agenda to advocate social and racial justice issues of importance to Black women and the Black community. Diversify membership profile and activities. Outreach to younger women, underserved, other women of color, LGBTQ, etc.

4. **Rethink:** How NCNW Can Operate with Agility. Leverage the power of sections and affiliates base. Standardize operations that make sense.

5. **Reinvest:** Reinvest in learning and training for national staff and sections.

6. **Resources:** Diversify sources of funding to ensure financial sustainability.

Ultimately, C4F believes that future success lies within NCNW redefining their relevance to Black women and girls by looking through the lens of the Black woman:

1. **Who She Is**
2. **Her World and Reality**
3. **Her Hopes and Dreams**

Implementation

The implementation plan requires the interdependent function of committees, staff, sections, and affiliates to ensure that NCNW is prepared to deliver on its mission now and in the future. These interdependencies should vary and shift according to committee purpose, implementation task, environmental context, and human capacity.

For example, to guarantee relevance, NCNW needs representation within social justice discussions and movements centering on Black women and their communities. The work to identify and secure a presence within these discussions may be the shared responsibility of the Civic Engagement Committee, who can speak to specific policy agendas, and the Committee on Young Adult and Collegiate Affairs, who can speak to the criticality of issues within Black women’s daily lives. This is just one example of the ways in which various internal functions will have overlapping interests and conduct interdependent business to ensure longevity and impact.

Committee for the Future Membership

The committee was appointed by Dr. Johnnetta B. Cole and is composed of a diverse group of five NCNW Executive Committee Members who have been involved with NCNW in various roles, levels of the organization, and tenure. The members represent different generations and all regions of the nation:

- Deborah Walls Foster, Chair, NCNW Life Member and Past National Recording Secretary
- Cheryl P. Brown, Esq., Co-chair
- Arianna Brazier, Vice President, Young Adult Engagement and President, Rankin/Mon Valley/Pittsburgh Section
- Dr. Helena Johnson Vice President, NCNW, and So Cal President
- Regina Majors, Chair Resource Development Committee, NCNW

State of the Black Woman Research Team

- James Sila
- Tony Brown
- News Rx – Artificial Intelligence and Database Technology Firm
- Angelica Babel – Mathematician, Researcher, and Algorithm Developer
- Gabriel John Dusing – Analyst, Mathematician, Data Scientist, Tech Writer

Acknowledgments

The Committee for the Future would like to extend our deepest thanks to NCNW Chair, Dr. Johnnetta B. Cole, Executive Director, Janice Mathis, Chief Administrative Officer, Krystal Ramseur, and Consultant Team members James Sila and Tony Brown.

We are beyond grateful to everyone who provided input. Their diverse perspectives were leveraged from interviews with current and past NCNW Chairs/National Presidents; Senior Advisor to the Chair; current Executive Committee/Board Members, NCNW Executive Director and Staff; Affiliates; Franklin Associates; Younger Members; Section Leaders; and the broader Membership through Surveys.

With the steadfast collaboration and coordination from all sectors of our NCNW family, we are confident that the successful execution of the strategies set forth in this Executive Summary will guarantee NCNW continues to be a beacon of possibility and transformation for generations to come.
African American women have been misdiagnosed emotionally, physically, and mentally. Unfortunately, this type of misdiagnosis can lead to a plethora of negative stereotypes about African American women.

In 1619 “Angela” was brought to Jamestown in 1619. She had survived war and capture in West Africa before enduring a forced march of over 100 miles to the sea. She suffered abuse aboard a Portuguese slave ship packed with 350 other broken Africans. This ship was known to have been attacked by pirates on its journey to America.

No one knows how old “Angela” was or her birthday or whether her parents or siblings were part of this middle passage. We can surmise that she did not know the language her captors spoke, was frightened, and was in poor health. No one knows her favorite color, her favorite song, or her favorite food. No one cared. When “Angela” came to America she was property, she no longer mattered, she was no longer a person.

The story of the African American woman’s emotional, physical, and mental health is very complex. During the period of enslavement beginning in 1619, African American women were never been put on a pedestal to be admired or protected. Instead, they were placed on auction blocks to be examined for their fitness as slaves. During slavery, the African American woman’s dignity was taken, and her children sold. Not to mention African American women were expected to work just as hard as any male on the plantation. Many African American women had to take care of all household chores, including tending to the plantation owner’s family. African American women have had to carry more than their fair share of the menial labor, while at the same time bearing responsibility for being the consistent financial, educational, and emotional pillars of the African American community.

This responsibility comes with a mixed bag of emotions for most African American women. Like most women, African American women have goals such as strong family life, fairness, and equality, a great home, educational opportunities – all the factors that make for a good quality of life. After speaking with several African American women, the one question that keeps coming up is, “why does living the American Dream have to be so hard for us?”

To address this and shed some light on current conditions, we as African American women have to unpack Angela’s story without becoming mean, bitter or stuck in the past. It is not unusual that African American women have been stereotyped as strong, angry, assertive, and emasculating.

Carolyn West, an associate professor of psychology at the University of Washington in Tacoma, defines the Angry Black Woman (ABW) as one variety of a Sapphire stereotype or Sista with Attitude. West defines the ABW as “a template for portraying almost all Black women”. According to professor West, this caricature arises from “passion and righteous indignation... often misread as irrational anger... used to silence and shame Black women who dare to challenge social inequalities, complain about their circumstances, or demand fair treatment.”

At this point in our political, social, emotional, mental, and physical journey African American women are no longer silent. African American women have made a host of contributions that make the world a better place in the arts, business, education and public service. Unfortunately, African American women who speak up for equal and fair treatment are sadly deemed to be ABW.

In “Debunking the Myth of the Angry Black Woman: An Exploration of Anger in Young African American Women”. The author’s reach the refreshing conclusion that anyone would be angry if they were subject to the prejudice, misdiagnosis and injustice that the typical Black woman experiences today.

With that being said, the social, physical and mental health of Black women is often overlooked, misunderstood or minimized. health. One thing that keeps many Black women from reaching out for help is the age-old belief that we should be able to handle anything on our own. “It’s been bred into Black women that we have to be strong all the time— but it’s a trap,” says Monnica Williams, PhD., ABPP, a psychologist and Canada Research Chair of Mental Health Disparities at the University of Ottawa. Dr. Williams also states, the idea of putting an “S” on your chest and declaring yourself a superheroine has its upside. Recent research shows that there’s power in Strong Black Woman Syndrome that helps Black women deal with the racial discrimination we face. But there is a negative impact on our health and well-being as we push ourselves too hard and put others’ needs before our own. “If you have a machine running all the time and it never turns off, it burns out,” explains Williams. “Strong Black Woman Syndrome makes us terrible at self-care.”

Black women are often invisible in society. They’re considered the least important and are the least protected. How do you get your health care needs to be met when nobody sees or hears you? African American women have to do a better job at listening to their bodies and putting themselves first. No, African American women should not be expected to single handedly; get voting rights and legislation passed, develop a cure for COVID-19 and Breast Cancer, reduce the crime rate in our communities, raise perfect children and marry the perfect husband. African American women should not carry a disproportionate burden for everything that happens in our communities. Many African American women who do seek professional help for emotional and mental wellness are misdiagnosed and many do

Continued on page 23
Comcast is celebrating the 10th anniversary of its groundbreaking Internet Essentials program, which has connected more than 10 million people from low-income families to high-speed internet at home for less than $10 a month.

Now Comcast is committing $1 billion, over the next 10 years, to reach 50 million people from low-income families with the tools and resources they need to succeed in a digital world.
The Bill & Melinda Gates Foundation is proud to support NCNW’s 59th National Convention.
not follow through due to the stark lack of Black representation in the medical profession. Burning out, being tired, and being overworked can all lead to a woman who is not very personable. Throwing around stereotypes such as “Angry Black Woman” or “Strong Black Women” can cause anxiety and put too much pressure on how African American women authentically respond to the demands on their time, attention and energy.

African American women have had more than their share of trauma since “Angela” arrived in 1619. However, at the same time African American women have made extremely powerful strides as well. Now more than ever it is time to take stock of social and mental wellness. If you or someone you know are constantly feeling tired, overwhelmed, anxious or hopeless, STOP what you are doing and call your primary care physician. Text the CRISIS TEXT LINE Hello to 741741, or call Lifeline Chat 1-800-273-TALK. Looking at self-care as a “blessing and a cure” will help African American women listen to their bodies more and hear the signs of any distress before burnout sets in. Exercising, meditation, sleeping under a weighted blanket, taking regular trips to a nail salon, changing your diet, or seeing a therapist are all worthy of consideration. Just as important, Black women must attempt to understand the deleterious effects of negative habits, situations and people as we seek to find effective ways to manage social and mental wellness. We invite you to join NCNW for Emotional Health is Wealth, a new monthly webinar series that addresses the issue in a constructive, caring and safe environment.

For additional support, visit ncnw.org, click Programs, and click Health Equity Committee. One of the six sub-committees is Mental Health. Please email the health committee, healthcommittee@ncnw.org if you have any questions, and need more resources or information.
COVID-19 & MENTAL HEALTH FIRST AID: Healthy Ways to Cope with Stress During the Holidays

It is hard to believe that 20 months after COVID-19 was officially declared a pandemic by WHO, we would still be talking about COVID-19 and the impact it has had on millions of lives. “Social distancing” is a phrase that has become a constant part of our day-to-day vocabulary and forever etched in our memories. While there is some light at the end of the tunnel in the fight against COVID-19, the fight is not over and the battle scars are real, especially when it comes to the impacts of social distancing and mental health.

During the pandemic, about 4 in 10 adults in the U.S. have reported symptoms of anxiety or depressive disorder, a share that has been largely consistent, up from one in ten adults who reported these symptoms from January to June 2019. While parents with children ages 5-12 reported their children showed elevated symptoms of depression (4%), anxiety (6%), and psychological stress (9%); and experienced overall worsened mental or emotional health (22%).1

COVID-19 has brought life altering challenges for many and as the holiday approaches instead of feeling an abundance of joy the holiday brings, many may feel an abundance of stress.2 But there are ways to ease through the season, for both adults and children.

For adults,
1. Consider a self-care routine. A self-care routine is a good way to care for yourself when life feels overwhelming. Some tips from the Mental Health First Aid (MHFA) include:3
   a. Look for opportunities to laugh! Laughing helps release endorphins, our bodies’ feel-good hormones.
   b. Get enough sleep. Adults usually need seven to eight hours of sleep each night.
   c. Exercise as appropriate. Exercise is as good for our emotional health as it is for our physical health.
   d. Create a “no” list. It’s more than okay to set healthy boundaries for things that no longer serve you.
   e. Be kind to yourself. You spend the most time with yourself, so make sure your relationship with the person in the mirror is a positive one.
   f. Stay connected. You can stay connected to friends and loved ones through technologies like video calls and phone calls.

2. If the holidays send you an emotional rollercoaster:4
   a. Acknowledge your feelings. It is okay to feel sadness and/or grief, we have had a rough 20 months! It is perfectly normal and do not feel the need to force yourself to be happy just because it’s the holiday season.
   b. Reach out if you need help. Identify who you can call if you are feeling overwhelmed, anxious, or sad or seek out community, religious or other social events or communities. They can offer support and companionship.

For children,
Remember that they have been impacted by the challenges COVID-19 has thrust upon us.5
   a. Be open to change. Consider having a conversation with your child about their thoughts, feelings and ideal related to holiday celebrations this year.
   b. Be realistic. Do not overestimate your child’s limits when making plans.
   c. Prepare children for changes in routine. To minimize meltdowns, try letting your child know what to expect and let them know what you expect of them.
   d. Give yourself a break. Do not stretch yourself too thin trying to create the “perfect” Hallmark holiday. Remember what is important, prioritize, and it is okay to say “no” to things that you cannot handle.
   e. Laugh. In the words of Ralph Waldo Emerson, “to laugh often and much; to win respect; to earn appreciation; to find the beauty in others; to leave the world better; one life has breathed easier because you lived here.” Children tend to pick-up on the stress being release by adults. Give them many reasons to laugh and have a joyous holiday season.

So, with some planning, and a positive attitude, the holidays can be full of peace and joy.

References:
CENTRAL FLORIDA SECTION

The Central Florida Section participated in the Pine Hills Elementary School-Back to School/Meet The Teacher event in August. They gave 83 families school supplies to children. Masks and hand sanitizers were provided by the Florida State Coalition, and were distributed to families. Our section sisters donated school supplies for this amazing event. We are so grateful for the opportunity to serve our community. Pictured (from left to right): Annette Dicks, LaTonya Smothers (school principal), Dr. Dolores Grant, Esther Whitehead, Willa Jackson, Carole Davis, Cassandra Henderson (school administrator).

SAVANNAH STATE UNIVERSITY COLLEGIATE SECTION

Thus far in the semester, NCNW SSU Collegiate Section implemented their newest Big Sister, Little Sister Mentorship Program, which we use to bond with the incoming freshman and all females on campus who need guidance and want to experience sisterhood. We also had a photo shoot with our Spring 2021 inductees which we used on flyers the last week of October for NCNW WEEK. Finally, we just secured a weekly community service collaboration with the Boys and Girls Club with sponsorship from Vineyard Vines.

QUEENS COUNTY SECTION

African American Heritage Tour of Philadelphia and the Black Spectrum Theatre 59th Anniversary

The committee sponsored an educational tour 9/25/21 to see Independence Hall, Betsy Ross home, the Liberty Bell, Mother Bethel AME Church and more plus on 10/3/21 some members of the committee attended the 50th Anniversary Gala of the Black Spectrum Theatre hosted by Ann Tripp and Dean Meminger of WBLS. Honorees were: Ben Vereen, Bob Law, Rev. Dr. Floyd Flake and Carl Clay founder of the theatre. Ayanna Gregory daughter of Dick Gregory was an amazing entertainer as well as Petawane. It was an awesome evening with delicious food and cocktails.
NORTHERN VIRGINIA (NoVa) SECTION
“Reach for the Stars”

The NoVa Section is helping girls to “Reach for the Stars” by addressing UN Sustainability Goal 5: Achieve gender equality and empower all women and girls. Past President, Helene Fisher, Cathy Riddick, current President, Cherise Haskins, Gloria Crawford, and Sherelle Carper, and Section members, Sana Pretlow, Tiana Spruill and Deja Redding said yes to donating and delivering 100 Days for Girls Kits.

Dr. Deborah Foreman, IA Chair, and Sharon Prince presented the kits to the girls attending Apatrapa Village School in Kumasi, Ghana on August 6, 2020 during the COVID 19 pandemic. Our next Global stop to support girls is to the Dominican Republic.

SUFFOLK SECTION
Voter Registration

The Suffolk Section of NCNW continues to spearhead voter registration efforts across Long Island. In September and October of 2021, members of the section were in the community at the Black Long Island Ujamaa Festival, Hope Missionary Baptist Church Block Party and Bay Shore Brightwaters Library to encourage unregistered voters. It was time to make their vote count. Pictured from left to right - Suffolk Section President - Dr. Tricia Daley-Bowles, 2nd Vice President Mrs. Kim Obasohan and Corresponding Secretary - Mrs. Florence Joyner.

BETHUNE LEONARD SECTION
Bethune Leonard Section Receives $25,000 Grant

The Bethune Leonard Section was awarded $25,000+ by the Center for Black Health & Equity from the Robert Wood Johnson Foundation to help educate the community about the danger of mentholated tobacco products with a goal of getting menthol banned in Charleston, SC. The US government banned all flavored tobacco products, except menthol, which is the flavor of choice for about 90% of African American smokers. This is a race and social justice issue. The section established Breathe Easy Tri-County, a coalition under the section’s health and social action committees, to educate the community on these issues. This work is being done in partnership with organizations such as the American Heart Association, American Cancer Society, American Lung Association, African American Tobacco Control Leadership Council, The MEDI Community Resource Center, the A. Philip Randolph Institute- Greater Charleston Chapter, and local NAACP chapters. For more information, please visit www.breatheasytricounty.org or contact the Bethune Leonard Section at ncnwbl.communications@gmail.com.
VALDOSTA-LOWNDES METROPOLITAN SECTION

The Valdosta-Lowndes Metropolitan Section of NCNW, Inc. is celebrating ten years as an official chartered section. On Saturday, October 9th from 11 am until 2 pm the section, currently led by Dr. Jamie Foster-Hill held their 10th year celebration. The theme was, “10 years: Going Strong, Continuing the Legacy.” The Valdosta-Lowndes Metropolitan Section was one of the final sections approved by the late President Emeritus, Dr. Dorothy Irene Height.

The section was organized in 2010 by Sharah’ Denton and chartered on August 3, 2011, and was recognized as an official chartered section on September 24, 2011 at the Destiny Event Center in Valdosta. State Organizer and Immediate Past National Vice Chair of NCNW, Dr. Lois Keith installed the section leaders and its 83 members that evening. In 2016, the section welcomed their new Section President, Tiffany Crowell and in 2018, Dr. Jamie Foster-Hill became their third Section President and is currently serving her second and final term. From 2010 until now the section has remained active in various capacities. By way of the Annual Community-Wide Family Reunion, Bethune Leadership Banquet, providing support to the local homeless student departments in both local school districts, annual Mother Daughter Brunch, Founders Day Prayer Breakfast, providing books and Christmas gifts to local children in need, hosting a free K-5 tutorial program, a S.E.L.F.I.E. Conference for young adults and teens and much more. Recently, the section chartered their first official NCNW Youth Group, the Black Diamonds.

ALAMANCE-GUILFORD SECTION


Each night local community leaders discussed healthy living and promoting positive health education with experts and motivational speakers. Topics covered were: COVID-19 testing and Vaccination, Kidney Health, Mental Health, and Nutrition. We also offered a 20 minute workout session.
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NCNW State & Section News (continued)

T. MATHIS - HAWKINS COMMUNITY SECTION

The T. Mathis-Hawkins Section of NCNW, Inc. was busy serving our community and supporting some of the national programs during the Spring and Summer of 2021. Under the STEAM initiative, our youth section hosted its 1st Annual Virtual STEAM Career Day. We had presenters from various STEAM areas. To support our Education and Entrepreneurship Initiative, the section executed its 2nd Annual Dorothy L. Stoker-Starks Scholarship Program. During the month of July, the section awarded four local high school recipients with $2,300 in scholarships. In the future, T. Mathis-Hawkins will continue to lead, advocate, and empower our youth, women, families and our communities.

POTOMAC VALLEY SECTION
girls Rites of Passage Committee

The Girls Rites of Passage program is pleased to announce the start of its virtual 2021-2022 program with limited in-person social distance access. The program kicked off on September 25, 2021. The theme is: “Agents of Change: Resilient, Resolved and Responsive”. There are 20 girls enrolled from ages 13-17, middle school to high school, public and private schools and hailing from all surrounding counties, including the District of Columbia. Our first session, “Effective Communication”, was held October 9, 2021. Dr. Ashley Lewis, Shippensburg University, was the facilitator.

The Senior Committee is committed to NCNW Potomac Valley Section’s motto “What We Do Matters.” We support three Nursing Homes in Silver Spring, MD, focusing on supporting physical, mental, and spiritual well-being.

“Seniors Serving Seniors” who are shut-in, by giving hope, showing love and making a difference for better outcomes

Because the pandemic demanded no in-person contact, we re-imagined our program using stimulating themes, posters, and eye-catching materials. During 2020-2021, we delivered 216 gift bags; distributed personal items; tables were set up and parking lots decorated – our motto “Seniors Serving Seniors.”

CONNECTICUT GREATER NEW HAVEN SECTION

Stop Period Poverty Project

During the pandemic, the Greater New Haven Section provided feminine hygiene supplies to over 600 women and girls. Funded by a grant from Yale University Community Fund, the Section hopes to make this an ongoing initiative.

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NORFOLK SECTION

The Norfolk Section continues the mission of our organization through various community programs. We’d like to spotlight the accomplishments of our School 365 project. Norfolk Section’s current adopted school is Tidewater Park Elementary. This quarter (September delivery) included backpacks, school supplies and water. The total contributions to this program were bountiful despite the global pandemic. Since adoption last year, the section donated school supplies and sanitizing products valued in excess of $7,500. Books for the Little Library totaled 3,200 and over 100 activity books and puzzles were delivered to the school’s media department.

MONTGOMERY ALABAMA CAPITOL SECTION

Montgomery Alabama Capitol Section of NCNW made history in the historic city of Montgomery, AL as an official charter. Melonie McCord-Judkins, President and Melody Soto, First Vice President, are the chartering founders. The two had a goal in mind. They wanted to make history and a difference in the civil rights capitol of Alabama. After continuous recruitment, hard work, and dedication in July 2021, Montgomery Alabama Capitol Section was officially approved as a Chartered Section. The Section hosted a beautiful Chartering Ceremony Sunday September 26, 2021 at Alabama State University Ballroom with 101-chartered members on roster.
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NCNW State & Section News (continued)

CONNECTICUT NEW LONDON COUNTY SECTION
Community Works and STEAM

The New London County Section 2020-2021 season started with a Stay-at-Home Membership Tea and voter registration awareness programs. During Black History Month, we celebrated ‘The Art of Freedom’ discussing the history of Negro Spirituals, Quilting, and the Underground Railroad. During Women HERatoby Month, a ‘Sister-to-Sister-Chat’ was hosted. Workshops for COVID-19 highlighting Virus, Vaccines and Mental Health awareness were also discussed. Along with Soroptimist CT Shoreline, we collaborated with S.T.E.P.S. to sponsor a 4-week Summer College/Career Enrichment Program for Girls ages 16-19 in Southeastern CT. This $150,000 4-week grant awarded by the Connecticut State Department focused on STEAM (Science, Technology, Engineering, Art, and Math) Education.

CONNECTICUT GREATER NEW HAVEN SECTION
25th Annual African American Women’s Summit

The Greater New Haven Section held its 25th Annual African American Women’s Summit - A Sisters’ Collaborative in 2021. The theme for this 4-part virtual series was “Living Our Best Life in the Midst of Challenge.” The kickoff event featured a panel of Affiliate leaders followed by presentations on COVID-19 highlighting Virus, Vaccines and Mental Health awareness were also discussed. Along with Soroptimist CT Shoreline, we collaborated with S.T.E.P.S. to sponsor a 4-week Summer College/Career Enrichment Program for Girls ages 16-19 in Southeastern CT. This $150,000 4-week grant awarded by the Connecticut State Department focused on STEAM (Science, Technology, Engineering, Art, and Math) Education.

GREATER BOSTON SECTION
Greater Boston Section supports Breast Cancer Awareness Month

In recognition of Breast Cancer Awareness Month, The Greater Boston Section of NCNW held a social media Pink Out! Section members, their family, and friends got decked out in pink attire, had their pictures taken and gave their reasons for supporting the public awareness campaign. Pictures and remarks were shared on the section’s Facebook, Twitter, and Instagram accounts. In addition, Chapter President Lisa Braxton-Reid, a breast cancer survivor, recorded a video about her cancer journey and shared it on the section’s social media platforms.
Honoring history and heritage.

Wells Fargo celebrates the Empowerful spirit of the Black family that nurtures generations of creativity, innovation and excellence.

Learn more at wellsfargo.com/empowerful
CHESTERFIELD METRO AREA SECTION

In less than a year, what began as a singular idea filled only with possibilities resulted in the formation of the Chesterfield Metro Area Section of NCNW. Located in Chesterfield, Virginia, this new section became official on September 27, 2021. During the process, Chesterfield had a clear focus — serve the community. Chesterfield coordinated two back-to-school backpack drives, provided emergency hygiene kits to an outreach group, and hosted a voter registration-training event, all in one month. While plans are underway for a celebration, the Chesterfield Section, with its strong leadership and enthusiastic members, are more than ready to move forward.

DENVER SECTION

Denver Section Partnerships & Celebration!

The Denver Section recently partnered with our affiliate, the National Association of Negro Business and Professional Women's Clubs, Inc. (NANBPWC), for a Voter Registration Training with the NAACP Aurora Branch and held a Voter Registration Drive.

Additionally, we had the pleasure of supporting our community partner, Colorado Black Women for Political Action during their 43rd Annual Tribute Luncheon.

Our Denver Section was founded August 19, 1947 by Mrs. Rai Bright in direct partnership with Dr. Mary McLeod Bethune. In 2022, we will have our 75th Anniversary Celebration.

NORTH FULTON AREA SECTION

Recognizing the importance of goal setting to implement effective Four for the Future programs, North Fulton Area Section (NFAS) members participated in an interactive strategic planning retreat on September 28, 2021. Members selected breakout sessions for active engagement and discussion. The five breakout sessions topics were: Structure & Operations, Financial Sustainability, Programs, Membership, and Branding.

The planning discussions were 2021 program accomplishments, components of SMART goal setting, and 2022 FOCUS priorities. As a result of this collaborative planning activity, NFAS identified viable strategies and goals to enhance the organization’s operations and programs.

NCNW State & Section News (continued)
GATEWAY METROPOLITAN SECTION

NCNW Gateway Metropolitan Chapter participated in the 2021 Sista Strut Parade in St. Louis, MO to help campaign and heighten awareness about the issues of breast cancer, specifically in women of color. We love supporting the community!

MARY McLEOD BETHUNE SECTION

On Wednesday, August 26, 2021 members of the Mary McLeod Bethune Section - Sumter, SC met at the home of Rev. Joseph and Mrs. Wilhelmina Amos (niece of Dr. Bethune) of Sumter, South Carolina; and were delighted to mingle, fellowship and pay homage to this site because this is the home where Dr. Mary McLeod Bethune stayed overnight as she traveled back and forth from Mayesville, Sumter, Columbia, and Florida.

GREENVILLE COUNTY SECTION

NCNW Greenville County Section has joined its county’s mission to end litter by adopting a two mile stretch of road in an African American community. “Adopt-A-Road” gives Section members opportunity to engage with community members; offer community service hours to high school students; and, even welcome community members to join their street’s beautification efforts. After the Section’s second Adopt-A-Road project for the year, the County of Greenville posted NCNW Greenville’s name on their official Adopt-A-Road sign. Greenville County Section Adopt-A-Road project is led by Coordinator Latoya Abdullah, a charter and life member of the Greenville County Section.
PENNSYLVANIA STATE COALITION

On Sunday, August 8, 2021, the Pennsylvania State Coalition NCNW, Inc. held their 1st Annual Keystone Leadership Symposium where we learned from phenomenal leaders on how to Engage, Expand, and Elevate. Our speakers were Councilwoman Kathy Gilmore, Christa Caceres, and Essence Frazier. This event was moderated by our own Dr. Thelma T. Daley. Everyone left with golden nuggets that can be implemented in our Sections and communities. Follow our social media @pastatencnw to stay updated!

BROOKLYN YOUTH SECTION
The Brooklyn Youth Section Walks for a Cure

On Sunday, October 10, 2021 The Brooklyn Youth Section kicked off their 2021-2022 service year by participating in the American Cancer Society’s Making Strides of Brooklyn Breast Cancer Walk in Coney Island. The sponsoring teams’ theme was “Love One Another”. Members had the opportunity to catch up with each other and the members of the leadership circle as they had not seen one another in person since the pandemic began. Nydia Southerland, Youth Section chairperson, believed that the theme "Love One Another" was fitting for the times that we are living in.

We want young girls to understand how important it is to spread love and kindness, even when times are difficult and they experience feelings that may be uncomfortable. Focusing on the love makes life bearable, even during the roughest of times.

We will continue to meet in a virtual space, this time to bond and get to know each other better, this will make for a successful service year, full of team work and sisterhood.

FLORIDA STATE COALITION

Members of the Florida State Coalition, including state President Tempress Solomon, were among the guests on October 11, 2021, for a special unveiling in Daytona Beach of the marble sculpture of Dr. Mary McLeod Bethune that will represent the Sunshine State in the U.S. Capitol. More than 300 area residents were there to see the 11-foot tall statute of NCNW’s founder, who is the first African-American to represent a state in the National Statuary Hall. Meanwhile, a bronze replica of the statue is slated to be installed in downtown Daytona Beach in February 2022.
QUEENS COUNTY SECTION

In recognition of National Breastfeeding Awareness Month & Black Breastfeeding Week, the Queens County Section held “Breastfeeding: Nurturing the Path to Collective Health and Wellness” on Saturday, August 28th in St. Albans Park. The Section partnered with NY State Senator Leroy Comrie, NYC Health & Hospitals/Queens and NCNW affiliates to provide breastfeeding information, baby supplies, gift bags, children’s books and raffle gifts for breastfeeding mothers. 106 COVID-19 tests and 25 Pfizer vaccines were also administered. A ‘Baby Lift Up Ceremony’ was held for parents to lift their babies to good health!

NEW DOMINION SECTION

New Dominion Section Supporting Our Community

New Dominion Section (NDS), Virginia continues to provide support to the communities of their charter during the pandemic. NDS supported The Good News Community Kitchen with immediate needs of baby and feminine products. NDS also responded to PAGE, INC. in 2020, with providing essential boxes called CARES to college bound students from the area. CARES is now a project of NDS, and in 2021 provided boxes to over 30 college students.

On August 15, 2021, the San Gabriel Valley Section (SGV-NCNW) located in Southern, CA collaborated with Trans4mation Institute and LOV Olive Branches for the 8th Annual Back 2 School Give Back. Due to the community outreach, commitment, and donations of SGV-NCNW members in addition to donations from SGV-NCNW sponsors (Colgate, Preferred Nation, and Unix Packaging); we were able to provide over 200 backpacks/sack packs filled with Colgate dental kits, school supplies, and masks, plus water to hundreds of children in the San Gabriel Valley and surrounding community. Over 400 students attended. Valerie Toliver, event organizer, stated that SGV-NCNW’s generous donations were truly impactful and attributed to the overall success of the event.
**GWINNETT SECTION**

NCNW Gwinnett Section hosted Renew, Rebuild & Restore, A Domestic Violence Awareness event in partnership with the Austin Tyler Foundation and Gwinnett County Sheriff Department’s G.R.I.P. (Gwinnett Re-Entry Intervention Program). The Austin Tyler Foundation was established by LaDonna Roberts, a survivor of domestic violence. Roberts lost her 4-year old son, Austin Tyler, to gun violence perpetrated by her then-boyfriend who also shot her before killing himself. The Austin Tyler Foundation and the Gwinnett Section will partner next with Purse with a Purpose to donate gently used purses filled with toiletries to local women in need. For more information, visit www.austintylerfoundation.org.

**EAST BAY AREA (EBA) SECTION**

East Bay Area Section Celebrates 70th Anniversary!

EBA received its charter October 1951 signed by Dr. Dorothy Height. EBA Section continues to serve the community by servicing underprivileged children and homeless shelters. Carlene Gray serves as the President of the East Bay Area Section and says it is extremely disappointing to know how great the need is in our Bay Area community.

**GREATER BALTIMORE SECTION**

Continuing To Serve

The Section proudly supports: Marian House which offers a quality rehabilitative service and housing to homeless women and their children; DRU Judy Center at Dorothy I. Height Elementary which provides services for at-risk children from birth through age five and families; Fieffe Foundation for Haiti’s CEPROFAM program that enables women to be self-sufficient in Bainet, Haiti and Bahari Sisters Inc. which promotes the self-sufficiency of low-income Nairobi, Kenyan women.
**ORANGE COUNTY SECTION**

**Civil Rights Artifacts Remembered**

In keeping with NCNW’s mission to advocate for sound public policy and social justice, the Orange County Section focused on civil rights history in July 2021. OC NCNW presented a panel discussion at the MUZEO Museum & Cultural Center in conjunction with “For All The World To See: Visual Culture and the Struggle for Civil Rights.” The exhibit is funded in part by National Endowment for the Humanities. Many of the artifacts in the exhibit shaped our visual culture, both reinforcing and defying stereotypes during the Civil Rights Movement.

**COLUMBUS SECTION**

**S.E.E. (Serve, Educate, Elevate) Community Based COVID-19 Vaccination Project**

The S.E.E. Project and Good Health WINs in conjunction with our local Franklin County Public Health is diligently working to improve the vaccination rates of people of African ancestry, targeting twenty zip codes where vaccinations were 35% or less: the most vulnerable, desperate, people in our community for coronavirus are Black women, us. Joining hands, heads and hearts to help, section members, a program coordinator and three community health workers heard our call. In the spirit of an “organization of organizations,” NCNW affiliates Chi Eta Phi Sorority, Inc. Gamma Eta Chapter, and Top Ladies of Distinction, Inc, Columbus Chapter and Phenomenal Women inc. also supported our GHWINs efforts. Current data indicates we have been able to S.E.E. people in 51 zip codes!

Dr. Dorothy I. Height said, “Without community service, we would not have a strong quality of life. It’s important to the person who serves as well as the recipient. It’s the way in which we ourselves grow and develop.”

"Affiliates Assembly Report" continued from page 10
to a panel of five Brothers who represent the five fraternities of the Divine Nine to share what their fraternities are doing to educate men in their communities about the critical importance of vaccination as an effective response to the Covid-19 pandemic that is disproportionately affecting our Black communities.

Presentations were made by Ricky Lawrence of Omega Psi Phi Fraternity, Inc., Mr. James Weldon A. Johnson of Phi Beta Sigma Fraternity, Inc. John F. Burrell of Kappa Alpha Psi, Fraternity Inc., Esset Tate, Jr. of Iota Phi Theta, Fraternity, Inc., and Gerald Johnson of Alpha Phi Alpha Fraternity, Inc.

"Look Toward the Future" continued from page 5

Every member can make a contribution - of time, talent or treasure. As we often say, “members are the lifeblood of NCNW.” Stay in contact with your elected officials. Call your US Senator at (202) 224-3121 to request support for voter protections to preserve democracy. Tell someone why you belong to NCNW. Follow NCNW on social media and in the press. Actively support your community section, our college students and young adults. We are here to serve you and we are always willing to receive your comments and suggestions for how to do things bigger and better.
SUBURBAN DALLAS DESOTO SECTION

The Suburban Dallas Desoto Section presented their Annual Dorothy I. Height Hat & Tea Fashion Extravaganza in June to begin their summer break. On Summer Break, we continued to serve the community with Good Health WINs. In August, we held our Annual President’s Retreat, masked-up, to lay out the rest of the year.

PHILADELPHIA SECTION

NCNW Philadelphia PA struts into our 2021-22 year with community service. As part of our Good Health WINs strategy, we promote COVID-19 vaccinations with a multigenerational vibe at our adopted school, Mary McLeod Bethune Elementary’s Big Block Party and at the Grown Folks’ Fall Festival, sponsored by State Representative, Chris Rabb. We shared information and PPE’s with hundreds of attendees at these events working along with our NCNW sisters. These outdoor events gave us great opportunities to discuss how persons are coping during this pandemic, the benefits of multi-layered mask wearing and getting COVID-19 initial and booster shots and seasonal influenza shots. Most of all, it seems as if the children were happy to return to school and those at the Grown Folks’ festival were delighted to be out and about. Additionally, we are excited to have a multitude of new members join our section to continue the mission of our organization.
METROPOLITAN WOMEN’S NETWORK SECTION
Virtual Founder’s Day

The Metropolitan Women’s Network Section held a “Virtual Founder’s Day” this summer. We presented three awards. The Mary McLeod Bethune Award was awarded to the Pay Equity Coalition, recognizing the work of Women’s Organizations who have a track record of support and co-sponsorship of events in the community. The Dorothy Height Award, recognizing a high school student whose commitment to community service and educational achievement, was awarded to Victoria Cowens, currently attending Howard University. Lastly, the Metro CHOICE Award, recognizing organizations and/or individuals who made valuable contributions to the success of the NCNW mission and programs, was awarded to the Rochester Black Nurses Association.

RESTON DULLES SECTION
Reston Multicultural Festival/School Supplies Drive

The Section had a successful day on September 25, 2021, participating in the 21st Annual Reston Multicultural Festival. The Reston Multicultural Festival celebrated Reston’s rich diversity through song, dance, food, and art. This year, the Reston-Dulles Section spent the day greeting guests with information on upcoming programs, launched a COVID-19 Survey and distributed information about the Good Health WINS initiative and Uber Rides Program. We even collected an overwhelming number of school supplies, which were delivered to Dogwood Elementary School and Langston Hughes Middle School, in Reston, VA, Herndon Elementary School in Herndon, VA, and Sterling Middle School in Sterling, VA.

We had a steady stream of visitors including Virginia Delegate Ken Plum, and our very own Section member and her husband, Lord and Lady of Fairfax, Alvarez, and Brenda Irons-LeCesne. There were trivia games and prizes for all winners to enjoy. While it was a long day, we gained additional exposure and expanded our visibility within the community.

We thank everyone who visited with us that day and supported the School Supplies drive with a donation. We understand school supplies are needed all around so we will have additional opportunities to support our School Supply Drive throughout the year. Stay tuned for more details on how you can support the next Supply Drive!
NCNW NEW LEGACY LIFE & LIFE MEMBERS

LEGACY LIFE MEMBERS
Ms. Stacey Abrams
Ms. Gloria Bennett
Dr. Ouida M. Brown
Mrs. Melanie Calhoun
Mr. Imara Canady
Ms. Elizabeth A. Carrothers
Ms. Erma Crowder
Dr. Marva Dennard
Ms. Andrea Dickey
Mrs. Diane Dinkins-Lourette
Ms. Phyllis Dumas-Combs
Ms. CaShawn Easter
Mrs. Lillian Clark Edney
Ms. Shelia Ellis-Evans
Ms. Brenda Ford
Ms. Geraldine Foxall-Kater
Ms. Althia L. Garvin
Ms. Hazel Gipson
Ms. Rhonda Glover Reese
Ms. Barbara Hamilton
Ms. Barbara Hamilton
Ms. Helen Irungu
Ms. Linda Jackson
Ms. Sandra Jackson
Ms. Jandi Jefferson
Ms. Carmen Jenkins
Ms. Carmen Jenkins
Ms. Valeria Johnson
Ms. Michelle Johnson
Mrs. Tanee Johnson-Bowman
Mrs. Valencia Jones
Ms. Lindell King
Ms. Audrey Lane
Ms. Sandra Law
Ms. Lisa Marie Lee
Ms. Danaya Lee Clemons
Ms. Danyale Marshall
Ms. Erma McCray
Ms. Annette S. Mitchell
Ms. Mary Mitchell
Ms. Gertrude Patricia Murrell-Lewis
Ms. Abrianna Perry
Ms. Aeronia L. Poole
Ms. Lenor Reese
Ms. Fannie B. Robinson
Ms. Carolyn Samuels
Mrs. Velora Savage
Ms. Claraneice Scott
Rev. Michelle Simmons
Mrs. Michelle S. Thomas
Ms. Georgia Thomas
Rev. Mark Thompson
Ms. Tina Tyson
Hon. Joyce Waddell
Dr. Shirley N. Weber
Ms. Lawson Wettli
Dr. Cynthia White
Rev. Anita Williams
Ms. Hattie Williams
Ms. Brenda Winston
Mrs. Linda Wright-Lee

LIFE MEMBERS
Ms. Annise Andrade
Mrs. Arlene Arthur
Ms. Lucinda Askew
Ms. Tonia Ayers
Ms. Cathy Bailey
Ms. Patrice BartonSmith
Ms. Allyson Baxter
Mrs. Gloria Bennett
Ms. Gloria Bennett
Ms. Courtney Berryhill
Mrs. Dana Blegen
Ms. Sabrina Boggess-Krull
Ms. Joy C. Bowling
Ms. Janece Boyd
Ms. Aloha Brown
Ms. Gwendolyn BrownFelder
Ms. Tracey Butler
Ms. Alarice L. Butler-Radcliff
Ms. Barbara Campbell
Ms. Alice Carr
Ms. Jessica Chadwick
Mrs. Trinity R. Chandler
Mrs. Brenda Charles-Edwards
Dr. April Clay
Ms. Minnye Collins
Ms. Jennifer Congleton
Ms. Julia L. Cooper
Judge Veronica Cope
Ms. Shanel Crusoe
Mrs. Pamela Dail
Ms. Mildred Daniels
Ms. Thais Davis
Ms. Anissa Davis-Williams
Mrs. Victoria Dawson-Scruse
Ms. Renee Dickerson
Ms. Karen Dilligard
Ms. Delois Dilworth-Berry
Ms. Maria Dudley
Ms. CaShawn Easter
Ms. Sheila Edwards
Ms. Jennifer Eichelberger
Ms. Constance El
Ms. Minerva Freeman
Ms. Valaida Gerald-Grimes
Mrs. Doris Gibbons-Gray
Ms. Emma Haggins
Ms. Tina Hall
Ms. Vanessa J. Hawkins
Ms. Angela Henry
Ms. Evelyn Hicks
Ms. Nia Howard
Mrs. Abigail Howard
Ms. Emma L. Hubble
Ms. Beverly Jacobs
Ms. Michelle Johnson
Ms. Barbara Lee
Ms. Felicia Lee
Ms. Lisa Marie Lee
Ms. Linda Lewis-Everett
Ms. Claudette Lindsay
Ms. Darlene Lockhart-Nero
Ms. Ethel Lytle
Ms. Maxine Mathis
Ms. Edna Ruth Mayes
Ms. Dorothy McGirt
Ms. Lynda Montgomery
Ms. Deborah Morgan
Ms. Beverley Morgan-Sandoz
Ms. Loraine Morris
Ms. Janice Mullins
Mrs. Adwoa NkrumahDjisam
Ms. Joe Ann Oatis
Ms. Juanita Palmer
Ms. Shirley Payne
Ms. E. Marcella Penn Mathis
Ms. Tanya Peterson
Ms. Mollie Richards
Ms. Pearle Roberts
Ms. Addie Russell
Ms. Carolyn Samuels
Ms. Claraneice Scott
Ms. Theresa Smith
Ms. Deborah Smith-Gilbert
NCNW New Legacy Life & Life Members (continued)

Ms. Tiffany Stewart-Stanley
Ms. Denese Tyson
Ms. Tina Tyson
Ms. Lynette Vick
Ms. Carol Wade
Ms. Shena S. Walker
Mrs. Belinda Walker
Ms. Charetta Walls
Ms. Margie Ward
Ms. Geraldine West-Hudley
Ms. Ciera Whitaker
Ms. Darlyn White
Ms. Yvonne White
Ms. Deanna White
Ms. Ricka L. White-Soso
Mr. Omega Wilkerson
Ms. Cynthia Williams
Ms. Patrice Willoughby
Ms. Catherine Woodard
Ms. Ruth Worsley
Ms. Terry Worthy
Ms. Flora Young

LEADERSHIP CIRCLE MEMBERS
Ms. Gloria Bennett
Ms. LaShonda Henderson
Ms. Shrekka Jackson
Mrs. Angela Jacobs
Ms. Yaniya Wilkins
Ms. Erica Williams
Ms. Andrea Williams
Ms. Carole H. Woolfork

ADVOCATE MEMBERS
Ms. Rachel Anderson
Ms. Iesha Bailey
Mrs. Gloria Bennett
Ms. Sherri Bergen
Ms. Michelle Brittain-Watts
Ms. Lois Burnett
Dr. MarQuita Carmichael
Ms. Katherine Collins
Mrs. Nichelle Conway
Ms. Julia Crockett
Mrs. Kasina Douglass-Boone
Ms. Julianne Eason-Grinstead
Mrs. Yvonne Edun
Ms. Carrie Elliott
Ms. Sara Fields
Ms. Pamela Melissa Funderburk

CLFA LIFE MEMBERS
Mr. Imara Canady
Mr. Jari Honora
Mr. Alfonza Walker

Mrs. Erica Harris
Ms. Vanessa Hill
Ms. Betsy Holton
Ms. Vivian Jackson
Ms. Jacqueline Jackson
Mrs. Alisha Johnson
Ms. Kim Lawrence
Ms. Willa Majors-Johnson
Ms. Annie Marsh
Ms. Shanley McCray
Ms. Glenda McEachern
Ms. Melodi McNeil
Ms. Michelle Mitchell
Ms. Nya Montgomery
Ms. Jacquelyn Moultrie
Dr. Marilyn Ragin
Mrs. Keisha Scarlett
Mrs. Chanda Scott
Mrs. Eleanor Simms-Armfield
Dr. Tyree Smith
Ms. Pat Spencer
Mrs. Demetrius Taylor
Mrs. Veronica Tubman
Mrs. Chantay Waldon Watson
Ms. Nicole Walls
Ms. Chanelle Williams
Ms. Antionette Wormley

NCNW and THE UNITED NATIONS

Support women all over the world by putting an end to all forms of discrimination and violence against women and girls.

The red card is used by the officials to automatically eject the player from the game and that the player’s team will remain shorthanded. In other words, do something horrible and you are out!

TAKE THE RED CARD PLEDGE REDCARDPLEDGE.COM
CALENDAR OF EVENTS

January 2022

GOOD HEALTH WINS PARTNERS MEETING • JANUARY 6, 2022 • 7:00 P.M. EST

EMOTIONAL HEALTH IS WEALTH WEBINAR • JANUARY 13, 2022 • 7:00 P.M. EST
Mindfulness and Meditation Series

DELTA SIGMA THETA SORORITY, INC. FOUNDERS DAY • JANUARY 13, 2022

NATIONAL BLACK CAUCUS OF STATE LEGISLATORS VOTING RIGHTS STRATEGY SESSION • JANUARY 14, 2022 • 11:30 A.M. EST

ALPHA KAPPA ALPHA SORORITY, INC. FOUNDERS DAY • JANUARY 15, 2022

ZETA PHI BETA SORORITY, INC. FOUNDERS DAY • JANUARY 17, 2022

DR. MARTIN LUTHER KING, JR. NATIONAL HOLIDAY • JANUARY 17, 2022

GOOD HEALTH WINS PARTNERS MEETING • JANUARY 20, 2022 • 7:00 P.M. EST

MATERNAL HEALTH AWARENESS DAY • JANUARY 23, 2022

RACIAL EQUITY WEBINAR • JANUARY 27, 2022 • 7:00 P.M. EST
Sponsored by Wells Fargo

NCNW COMMUNICATIONS QUARTERLY WEBINAR • JANUARY 29, 2022 • 2:00 P.M. EST

February 2022

LAS AMIGAS, INC. FOUNDERS DAY • FEBRUARY 5, 2022

NATIONAL WOMEN OF ACHIEVEMENT, INC. FOUNDERS DAY • FEBRUARY 7, 2022

EMOTIONAL HEALTH IS WEALTH WEBINAR • FEBRUARY 10, 2022 • 7:00 PM EST
Mindfulness and Meditation Series

PRESIDENTS DAY HOLIDAY • FEBRUARY 21, 2022

CHUMS, INC. FOUNDERS DAY • FEBRUARY 23, 2022

RACIAL EQUITY WEBINAR • FEBRUARY 24, 2022 • 7:00 P.M. EST
Sponsored by Wells Fargo

March 2022

NATIONAL ASSOCIATION OF UNIVERSITY FOUNDERS DAY • MARCH 2, 2022

GOOD HEALTH WINS PARTNERS MEETING • MARCH 3, 2022 • 7:00 P.M. EST

EMOTIONAL HEALTH IS WEALTH WEBINAR • MARCH 10, 2022 • 7:00 PM EST
Mindfulness and Meditation Series

GOOD HEALTH WINS PARTNERS MEETING • MARCH 17, 2022 • 7:00 P.M. EST

NCNW WEBINAR ON RACIAL EQUITY • MARCH 24, 2022 • 7:00 P.M. EST
Sponsored by Wells Fargo

NATIONAL SORORITY OF PHI DELTA KAPPA, INC. FOUNDERS DAY • MARCH 30, 2022
IN LOVING Memory

TOMMIE R. WHITLOW
(March 31, 1944 - November 23, 2021) As a graduate of the University of California San Francisco and San Jose State University, Ms. Whitlow has had four careers before retiring as Deputy Assessor Recorder, Administration for the City and County of San Francisco. Her assignments included Manager of Operations, Commercial Rating and Unit Manager for Allstate Commercial Insurance.

As an advocate for the wellbeing of children and families, Ms. Whitlow was recognized for her work as a Community Volunteer by the Black United Fund of Sacramento, Vision 2000 College Prep Math and Reading Academy, Kappa Alpha Psi Fraternity, Inc., for the Children of Promise Program as a Community Advocate, Calvary Christian Center for Excellence in Ministry and Community Service, Women of Color Award and Zeta Phi Beta Sorority, Inc. for Excellence Award.

As a member of the National Council of Negro Women, Inc. Ms. Whitlow served four years on the NCNW Executive Committee of the Board of Directors, the NCNW Northern California Region Correspondence Secretary, and Past President, Financial Secretary and Chair of the Children of Promise Program of the NCNW Sacramento Valley Section. She was active in the Children's Church at Calvary Christian Center where the children published two books – Fruits of the Spirit and We have on Our Armor.

CARRIE MAE PITTMAN MEEK (April 29, 1926 - November 28, 2021) was an American politician from Florida. A member of the Democratic Party, she served from 1979 to 1982 as a representative to the Florida house of representatives, from 1982 to 1992 as a senator to the Florida Senate, and, from 1993 to 2003, as a member of the United States House of Representatives, representing Florida’s 17th congressional district.

JOY LATTIMORE
Columbus Section, OH

ERMA HENDRIX
Little Rock, AR

VIRGINIA TOOMER
Manhattan Section, NY

NODRA A. WEST
Cincinnati Section, OH
Strategic thinking makes a big difference.

This year, Toyota Motor North America is proud to be the presenting sponsor for the National Council of Negro Women Uncommon Heights Gala. For 86 years of dedicated work on its mission to lead, advocate for, and empower women of African descent, their families, and communities. Significant changes to many lives have occurred because NCNW was bold enough to help girls and women achieve goals and break barriers.